

Andrea Trank  
Ed.S. Curriculum, M.Ed. Science Education, e-RYT200  
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## Education

- Integrative Medicine Health Coach Certification, Fall 2019
- Memory Maintenance Yoga Instructor Certification, Summer, 2019
- e-RYT200 Yoga Instructor, Fall, 2012
- Ed.S. Curriculum and Instruction, Curry School, University of Virginia, 1998
- M.Ed. Science Education, Curry School, University of Virginia, 1995
- B.A. in Communications, University of Virginia, Spring, 1980

## Teaching Experience

### **e-RYT Yoga Teacher**

- Advanced trainings in the following:
- Memory Maintenance Yoga (Yoga to prevent cognitive decline) Certification
- Yoga Anatomy
- Yoga for a healthy back
- Yin Yoga
- Adaptive Yoga
- Trauma Sensitive Yoga
- Yoga for Balancing the Chakras
- Ayurveda and Yoga
- Myofascial Release

I have worked with all age populations of men and women, and with pregnant students in all settings – private communities, studios, hospitals, nature centers, gyms, corporate wellness programs, and privates.

### **Fall, 2008- Spring 2012- Adjunct Instructor, FGCU, College of Education**

Taught all levels of courses including graduate science education courses.

**Fall of 1998- Spring 2008 Science Teacher and Journalism Teacher, Monticello High School, Charlottesville, Virginia.** Won Golden Apple Award.

## Administrative and Other Experience:

**Fall 2014-2016 Staff Coordinator for Happehatchee Center.**

Responsible for hiring and supervising yoga teachers. Sent out weekly emails, handled publicity for classes. Coordinated the class calendar. Photographer of teachers. Sent out training materials and communicated with board members and the executive director.

**Executive Director of the Environmental Education Center, Charlottesville, Virginia, 1993-1998**

Working with a business partner, we created this organization as a non-profit center to raise awareness of environmental issues including watershed protection and land use. Developed programs for schools. Raised more than \$100,000, managed media, ran meetings, lobbied on behalf of the environment.

**Lobbyist for Sierra Club and the Thomas Jefferson Planning District Commission, Richmond, Virginia, 1995-1998**

Represented these organizations in the Virginia General Assembly. Lobbied legislators to support bills, spoke before committees, researched laws and had one-on-one meetings with legislators.

**Radio, TV and Print Journalist, Washington, DC, Miami, FL, Jacksonville, FL, Los Angeles, CA. 1980-1988.**

Covered all major news stories including presidential elections, the Oscars, the riots in Miami, Space Shuttle Disaster, among other stories--specialized in reporting environmental issues. Won an AP award for reporting on asbestos contamination in a school in Miami, FL. Authored many articles that have appeared in multiple publications on issues ranging from family care issues to theater reviews.

**Special Skills**

Jewelry Designer, Blog Writer, Photo Editor, Editor, Public Speaker

*References Available Upon Request*